

May/June High School Lunch

Monday

2

Chicken Wings
Freshly Baked Ci
nnamon
Roll
Steamed Broccoli
Movie Theater Be
nto Box
Grab N' Go Salad
Uncrustable
Assorted Fresh V
egetables
Sliced Apples
Assorted Fresh Fr
uit
Milk Choices

Tuesday

3

Taco Bake
Fritos
Corn Kernals
Movie Theater Be
nto Box
Grab N' Go Salad
Uncrustable
Assorted Fresh V
egetables
Diced Peaches
Assorted Fresh Fr
uit
Milk Choices
Baby Carrots
Sliced Apples

Wednesday

4

Plain or Spicy Cri
spy
Chicken Sandwic
h
Baked Beans
Coleslaw
Movie Theater Be
nto Box
Grab N' Go Salad
Uncrustable
Assorted Fresh V
egetables
Strawberries
Assorted Fresh Fr
uit
Milk Choices

Thursday

5

Mini Chicken Cor
n Dogs
Roasted Italian Br
occoli
and Tomatoes
Movie Theater Be
nto Box
Grab N' Go Salad
Uncrustable
Assorted Fresh V
egetables
Diced Pears
Assorted Fresh Fr
uit
Milk Choices

Friday

6

Cheese or Pepper
oni Pizza
Green Peas
Movie Theater Be
nto Box
Grab N' Go Salad
Uncrustable
Assorted Fresh V
egetables
Strawberries
Assorted Fresh Fr
uit
Milk Choices

9

Crispy Chicken Tenders
Waffle Syrup
Steamed Broccoli
Turkey Pepperoni and
Cheese Pizza Kit
Grab N' Go Salad
Uncrustable
Assorted Fresh Vegetables
Sliced Apples
Assorted Fresh Fruit
Milk Choices

10

Cheeseburger on Bun
Big Mac Sauce
French Fries
Baked Beans
Turkey Pepperoni and
Cheese Pizza Kit
Grab N' Go Salad
Uncrustable
Assorted Fresh Vegetables
Diced Peaches
Assorted Fresh Fruit
Milk Choices

11

General Tso's Chicken
Fried Rice
Honey Sriracha
Brussels Sprouts
Turkey Pepperoni and
Cheese Pizza Kit
Grab N' Go Salad
Uncrustable
Assorted Fresh Vegetables
Strawberries
Assorted Fresh Fruit
Milk Choices

12

Colby Cheese Omelet
French Toast Sticks
Tater Tots
Turkey Pepperoni and
Cheese Pizza Kit
Grab N' Go Salad
Uncrustable
Assorted Fresh Vegetables
Diced Pears
Assorted Fresh Fruit
Milk Choices

13

Cheese Bites
Green Peas
Turkey Pepperoni and
Cheese Pizza Kit
Grab N' Go Salad
Uncrustable
Assorted Fresh Vegetables
Strawberries
Assorted Fresh Fruit
Milk Choices

16

Crispy Chicken Drumstick
 Cornbread Poppers
 Roasted Italian Broccoli and Tomatoes
 Movie Theater Bento Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Sliced Apples
 Assorted Fresh Fruit
 Milk Choices

17

Beef Taco
 Cilantro Lime Rice
 Black Bean and Corn Salad
 Movie Theater Bento Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Diced Peaches
 Assorted Fresh Fruit
 Milk Choices

18

Plain or Spicy Crispy
 Chicken Sandwich
 Baked Beans
 Coleslaw
 Movie Theater Bento Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Strawberries
 Assorted Fresh Fruit
 Milk Choices

19

Buffalo Chicken Tater Tot Bowl
 Cool Ranch Doritos
 Green Peas
 Movie Theater Bento Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Diced Pears
 Assorted Fresh Fruit
 Milk Choices

20

Individual Deep Dish
 Cheese Pizza
 Caesar Salad
 Movie Theater Bento Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Strawberries
 Assorted Fresh Fruit
 Milk Choices

23

Crispy Chicken Tenders
 Macaroni and Cheese
 Steamed Broccoli
 Breakfast for Lunch Box
 Uncrustable
 Assorted Fresh Vegetables
 Sliced Apples
 Assorted Fresh Fruit
 Milk Choices
 Grab N' Go Salad

24

HFC Bowl
 Biscuit
 Corn Kernals
 Breakfast for Lunch Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Diced Peaches
 Assorted Fresh Fruit
 Milk Choices

25

Cheeseburger on Bun
 Big Mac Sauce
 French Fries
 Baked Beans
 Breakfast for Lunch Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Strawberries
 Assorted Fresh Fruit
 Milk Choices

26

Two Beef Hot Dogs on Buns
 Caesar Salad
 Breakfast for Lunch Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Diced Pears
 Assorted Fresh Fruit
 Milk Choices

27

Zesty Orange Chicken
 Brown Rice
 Sweet Chili Doritos
 Sesame Soy Roasted
 Green Beans
 Breakfast for Lunch Box
 Grab N' Go Salad
 Uncrustable
 Assorted Fresh Vegetables
 Pineapple Tidbits
 Assorted Fresh Fruit
 Milk Choices

30

Taco Bake
 Fritos
 Corn Kernals
 Movie Theater Be
 nto Box
 Uncrustable
 Assorted Fresh V
 egetables
 Diced Peaches
 Assorted Fresh Fr
 uit
 Milk Choices

31

Plain or Spicy Cri
 spy
 Chicken Sandwic
 h
 Baked Beans
 Coleslaw
 Movie Theater Be
 nto Box
 Uncrustable
 Assorted Fresh V
 egetables
 Strawberries
 Assorted Fresh Fr
 uit
 Milk Choices

1

Mini Chicken Cor
 n Dogs
 Roasted Italian Br
 occoli
 and Tomatoes
 Movie Theater Be
 nto Box
 Uncrustable
 Assorted Fresh V
 egetables
 Diced Pears
 Assorted Fresh Fr
 uit
 Milk Choices

2

Cheese or Pepper
 oni Pizza
 Green Peas
 Movie Theater Be
 nto Box
 Uncrustable
 Assorted Fresh V
 egetables
 Strawberries
 Assorted Fresh Fr
 uit
 Milk Choices

3

Even though meals are free this year, families that qualify for free and reduced meals may be eligible for other benefits, including reduced rates for middle and high activities; district funding for reduced class sizes, counseling and social work services; reduced tuition and/or scholarships for early childhood programming; and title I funds for district academic support.

Apply line at colheights.k12.mn.us/EdBenefits or pick up an application from your school's office. Call 763-528-4520 with questions.

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