

Elementary Breakfast

Monday

2

Assorted Benefit Bars
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

Tuesday

3

Mini Maple Pancakes
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

Wednesday

4

Brekkie
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

Thursday

5

Mini Cinnis
Assorted Cereal Choices
Milk Choices
Assorted Fresh Fruit
100% Fruit Juice Choices

Friday

6

Mini French Toast
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

9

Assorted Benefit Bars
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

10

Buttery Maple Waffle
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

11

Banana Bread
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

12

Strudel Frudel
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

13

Cinnamon Filled Toast
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

16

Assorted Benefit Bars
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

17

Mini Maple Pancakes
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

18

Brekkie
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

19

Mini Cinnis
Assorted Cereal Choices
Milk Choices
Assorted Fresh Fruit
100% Fruit Juice Choices

20

Mini French Toast
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

23

Assorted Benefit Bars
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

24

Buttery Maple Waffle
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

25

Banana Bread
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

26

Strudel Frudel
Assorted Cereal Choices
Assorted Fresh Fruit
100% Fruit Juice Choices
Milk Choices

27

Cinnamon Filled Toast
Assorted Cereal Choices
Assorted Fresh Fruit
Assorted Fruit Cups
Milk Choices

30

Mini Maple Panca
kes
Assorted Cereal
Choices
Assorted Fresh Fr
uit
100% Fruit Juice
Choices
Milk Choices

31

Brekkie
Assorted Cereal
Choices
Assorted Fresh Fr
uit
Assorted Fruit Cu
ps
Milk Choices

1

Mini Cinnis
Assorted Cereal
Choices
Milk Choices
Assorted Fresh Fr
uit
100% Fruit Juice
Choices

2

Mini French Toast
Assorted Cereal
Choices
Assorted Fresh Fr
uit
Assorted Fruit Cu
ps
Milk Choices

3

6

Assorted Benefit
Bars
Assorted Cereal
Choices
Assorted Fresh Fr
uit
Assorted Fruit Cu
ps
Milk Choices

7

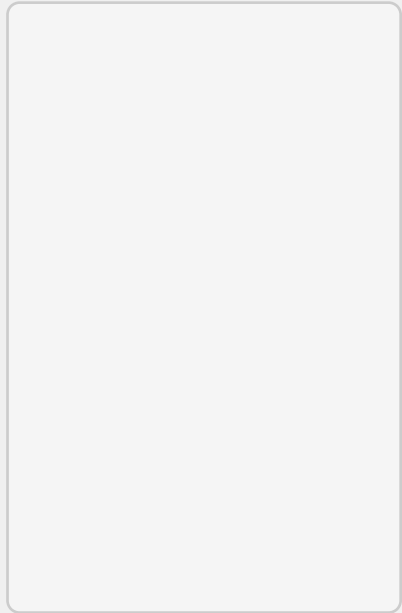
Buttery Maple Wa
ffle
Assorted Cereal
Choices
Assorted Fresh Fr
uit
100% Fruit Juice
Choices
Milk Choices

8

Banana Bread
Assorted Cereal
Choices
Assorted Fresh Fr
uit
Assorted Fruit Cu
ps
Milk Choices

9

Strudel Frudel
Assorted Cereal
Choices
Assorted Fresh Fr
uit
100% Fruit Juice
Choices
Milk Choices



Even though meals are free this year, families that qualify for free and reduced meals may be eligible for other benefits, including reduced rates for middle and high activities; district funding for reduced class sizes, counseling and social work services; reduced tuition and/or scholarships for early childhood programming; and title I funds for district academic support.

Apply line at colheights.k12.mn.us/EdBenefits or pick up an application from your school's office. Call 763-528-4520 with questions.

Menus subject to change. USDA is an equal opportunity employer and provider.