

# Columbia Academy Lunch

Monday

2

Cheese Bites  
Steamed Broccoli  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Sliced Apples  
Assorted Fresh Fr  
uit  
Milk Choices

Tuesday

3

Beef Nachos  
Corn Kernals  
Black Beans  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Peaches  
Assorted Fresh Fr  
uit  
Milk Choices

Wednesday

4

Crispy Chicken Te  
nders  
Macaroni Salad  
Baked Beans  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

Thursday

5

Mini Chicken Cor  
n Dogs  
Green Peas  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Pears  
Assorted Fresh Fr  
uit  
Milk Choices

Friday

6

Individual Deep Di  
sh  
Cheese Pizza  
Caesar Salad  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

9

Chicken Wings  
Freshly Baked Ci  
nnamon  
Roll  
Green Peas  
Movie Theater Be  
nto Box  
Uncrustable  
Assorted Fresh V  
egetables  
Sliced Apples  
Assorted Fresh Fr  
uit  
Milk Choices

10

Beef Burger on B  
un  
Big Mac Sauce  
French Fries  
Movie Theater Be  
nto Box  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Peaches  
Assorted Fresh Fr  
uit  
Milk Choices

11

Beef Hot Dog on  
Bun  
Baked Beans  
Movie Theater Be  
nto Box  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

12

Zesty Orange Chi  
cken  
Brown Rice  
Sesame Soy Roa  
sted  
Green Beans  
Movie Theater Be  
nto Box  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Pears  
Assorted Fresh Fr  
uit  
Milk Choices

13

Plain or Spicy Cri  
spy  
Chicken Sandwic  
h  
Steamed Carrots  
Movie Theater Be  
nto Box  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

16

Crispy Chicken Drumstick  
Cornbread Poppers  
Steamed Broccoli  
Turkey Pepperoni and Cheese Pizza Kit  
Uncrustable  
Assorted Fresh Vegetables  
Sliced Apples  
Assorted Fresh Fruit  
Milk Choices

17

Walking Pulled Chicken Taco  
Black Bean and Corn Salad  
Turkey Pepperoni and Cheese Pizza Kit  
Uncrustable  
Assorted Fresh Vegetables  
Diced Peaches  
Assorted Fresh Fruit  
Milk Choices

18

Crispy Chicken Tenders  
Waffle Syrup  
Tater Tots  
Turkey Pepperoni and Cheese Pizza Kit  
Uncrustable  
Assorted Fresh Vegetables  
Strawberries  
Assorted Fresh Fruit  
Milk Choices

19

Cheese or Pepperoni Pizza  
Garlic Roasted Green Beans  
Turkey Pepperoni and Cheese Pizza Kit  
Uncrustable  
Assorted Fresh Vegetables  
Diced Pears  
Assorted Fresh Fruit  
Milk Choices

20

Buffalo Chicken Tater Tot Bowl  
Cool Ranch Doritos  
Green Peas  
Turkey Pepperoni and Cheese Pizza Kit  
Uncrustable  
Assorted Fresh Vegetables  
Strawberries  
Assorted Fresh Fruit  
Milk Choices

23

Macaroni and Cheese  
Roasted Italian Broccoli and Tomatoes  
Breakfast for Lunch Box  
Uncrustable  
Assorted Fresh Vegetables  
Sliced Apples  
Assorted Fresh Fruit  
Milk Choices

24

HFC Bowl  
Biscuit  
Corn Kernals  
Breakfast for Lunch Box  
Uncrustable  
Assorted Fresh Vegetables  
Diced Peaches  
Assorted Fresh Fruit  
Milk Choices

25

Cheese Calzone  
Steamed Broccoli  
Breakfast for Lunch Box  
Uncrustable  
Assorted Fresh Vegetables  
Strawberries  
Assorted Fresh Fruit  
Milk Choices

26

Plain or Spicy Crispy  
Chicken Sandwich  
Baked Beans  
Breakfast for Lunch Box  
Uncrustable  
Assorted Fresh Vegetables  
Diced Pears  
Assorted Fresh Fruit  
Milk Choices

27

Colby Cheese Omelet  
French Toast Sticks  
Tater Tots  
Uncrustable  
Assorted Fresh Vegetables  
Strawberries  
Assorted Fresh Fruit  
Milk Choices

30

Beef Nachos  
Corn Kernal  
Black Beans  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Peaches  
Assorted Fresh Fr  
uit  
Milk Choices

31

Crispy Chicken Te  
nders  
Macaroni Salad  
Baked Beans  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

1

Mini Chicken Cor  
n Dogs  
Green Peas  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Diced Pears  
Assorted Fresh Fr  
uit  
Milk Choices

2

Individual Deep Di  
sh  
Cheese Pizza  
Caesar Salad  
Turkey Pepperoni  
and  
Cheese Pizza Kit  
Uncrustable  
Assorted Fresh V  
egetables  
Strawberries  
Assorted Fresh Fr  
uit  
Milk Choices

3

Even though meals are free this year, families that qualify for free and reduced meals may be eligible for other benefits, including reduced rates for middle and high activities; district funding for reduced class sizes, counseling and social work services; reduced tuition and/or scholarships for early childhood programming; and title I funds for district academic support.

Apply line at [colheights.k12.mn.us/EdBenefits](http://colheights.k12.mn.us/EdBenefits) or pick up an application from your school's office. Call 763-528-4520 with questions.

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