

# Columbia Academy Breakfast

Monday

2

Assorted Benefit Bars  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

Tuesday

3

Mini Maple Pancakes  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

Wednesday

4

Brekkie Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

Thursday

5

Mini Cinnis Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

Friday

6

Mini French Toast  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

9

Assorted Benefit Bars  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

10

Buttery Maple Waffle  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

11

Banana Bread Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

12

Strudel Frudel Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

13

Cinnamon Filled Toast  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

16

Assorted Benefit Bars  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

17

Mini Maple Pancakes  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

18

Brekkie Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

19

Mini Cinnis Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

20

Mini French Toast Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

23

Assorted Benefit Bars  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

24

Buttery Maple Waffle  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

25

Banana Bread Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

26

Strudel Frudel Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

27

Cinnamon Filled Toast  
Cereal Bar  
Assorted Fresh Fruit  
100% Fruit Juice Choices  
Milk Choices

30

Mini Maple Panca  
kes  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

31

Brekkie  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

1

Mini Cinnis  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

2

Mini French Toast  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

3

6

Assorted Benefit  
Bars  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

7

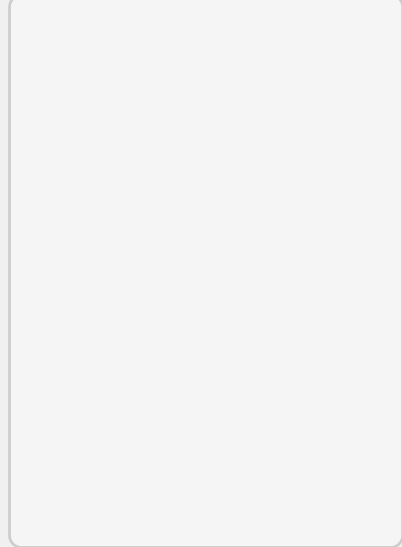
Buttery Maple Wa  
ffle  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

8

Banana Bread  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices

9

Strudel Frudel  
Cereal Bar  
Assorted Fresh Fr  
uit  
100% Fruit Juice  
Choices  
Milk Choices



Even though meals are free this year, families that qualify for free and reduced meals may be eligible for other benefits, including reduced rates for middle and high activities; district funding for reduced class sizes, counseling and social work services; reduced tuition and/or scholarships for early childhood programming; and title I funds for district academic support.

Apply line at [colheights.k12.mn.us/EdBenefits](http://colheights.k12.mn.us/EdBenefits) or pick up an application from your school's office. Call 763-528-4520 with questions.

**Menus subject to change.** USDA is an equal opportunity employer and provider.