



# September Columbia Academy Breakfast

**New This Year! All students are offered breakfast at no cost!**  
**Breakfast always includes a whole grain entrée, fresh fruit, and milk. Cereal and crackers offered as alternates daily.**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Oatmeal Benefit Bar Milk Choices Fresh and Canned Fruit	4 Turkey Sausage Breakfast Pizza Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	5 Mini Maple Pancakes Milk Choices Fresh and Canned Fruit	6 Brekkie Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit
9 Banana Bread Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	10 Cinnamon Filled Toast Milk Choices Fresh and Canned Fruit	11 Strudel Frudel Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	12 Pancake and Turkey Sausage on a Stick Milk Choices Fresh and Canned Fruit	13 Blueberry Cinnamon Stick Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit
16 Whole Grain Bagel Cream Cheese Choices Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	17 Oatmeal Benefit Bar Milk Choices Fresh and Canned Fruit	18 Turkey Sausage Breakfast Pizza Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	19 Mini Maple Pancakes Milk Choices Fresh and Canned Fruit	20 Brekkie Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit
23 Banana Bread Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	24 Cinnamon Filled Toast Milk Choices Fresh and Canned Fruit	25 Strudel Frudel Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit	26 Pancake and Turkey Sausage on a Stick Milk Choices Fresh and Canned Fruit	27 Blueberry Cinnamon Stick Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit
30 Whole Grain Bagel Cream Cheese Choices Milk Choices 100% Fruit Juice Choices Fresh and Canned Fruit				

**Did your student receive free meals last year?** To keep receiving these meals you must reapply each year! **Your student will lose their free meal status October 1st unless you reapply!**  
 Apply line at <https://lobby.wordwareinc.com/> or pick up an application from your school's office. Call 763-528-4520 with questions.  
 Menus subject to change. USDA is an equal opportunity employer and provider.